

Appendix A: RUBRIC & GRADING CRITERIA FOR ASSIGNMENT #1
CASE CONCEPTUALIZATION

Your final product should be a research paper of 8-10 pages in length. Below are the paper requirements and corresponding values for a grade (Total 50 points possible. This paper accounts for 50% of final grade): Section/Criterion	Points
Part One: Intake Information	
Identifying information, chief complaint, mental status, and diagnosis.	5
Part Two: Historical Information	
Relevant psychosocial history, including history of present illness/problem, psychiatric history, personal and social history, and medical history.	10
Part Three: The Cognitive Conceptualization Diagram (CCD)	
Case conceptualization diagram (see pages 44-54 in the course text)	5
Part Four: The Case Conceptualization Summary	
Cross-sectional view of current cognitions and behaviors (including client's key automatic thoughts, intermediate assumptions, and core beliefs)	2
Identification of 2-3 specific cognitive distortions, with examples	3
Longitudinal view of cognitions and behaviors (including historical information about thoughts, assumptions, beliefs, compensatory behaviors, and outcomes)	2
Cultural or other historical contributions to thoughts and beliefs (<i>note that this is not included in J. Beck's outline</i>)	2
Strengths and assets	2
Working hypothesis (summary of conceptualization)	2
Part Five: Treatment Plan	
Treatment plan (including problem list, treatment goals, plan for treatment, description of any cultural adaptations)	5
Part Six: Course of Treatment and Outcome	
Elicitation of feedback from client (actual or role play) <i>This brief section should include your client's constructive feedback (positive and negative) about your interview, and your reflection on that feedback.</i>	2
Research-based Reflection	
Identify one article that supports your use of CBT based on either the client's clinical issue (e.g., depression, anxiety, OCD) or population (e.g., children, multicultural groups, LGBTQ+). Please include a brief description of the study, a summary of the effectiveness/degree of effectiveness, and an argument for why the approach you chose is clinically justifiable given research recommendations.	5
Writing Quality and Use of APA	

Depth of analysis and critical thinking (e.g., use of specific examples; application of knowledge from class; depth and breadth of presentation) and writing quality and professionalism of presentation (e.g., lack of typographical errors; clear and logical presentation of ideas) including proper use of APA.	5
---	---