


The background of the slide is a complex, abstract pattern. It features a dense network of thin, gold-colored lines that resemble veins or a web. These lines are set against a background of vibrant blue and purple hues. The colors are blended in a way that creates a sense of depth and movement, with some areas appearing more saturated than others. The overall effect is one of organic complexity and artistic expression.

SOCIAL WORK, TRAUMA, & THE ARTS



DR. MEAGAN
CORRADO



CLASS 8: CREATIVE WRITING

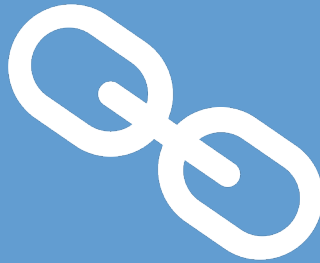
SOCIAL WORK, TRAUMA, & THE ARTS

COURSE DASHBOARD

VIRTUAL ASYNCHRONOUS CONTENT



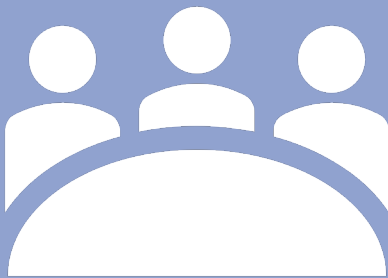
WEB LINKS



COURSE READING



"LIVE" VIRTUAL CLASS SESSIONS



WRITTEN ASSIGNMENTS



STUDENT PROPOSALS



Social Work, Trauma, & The Arts

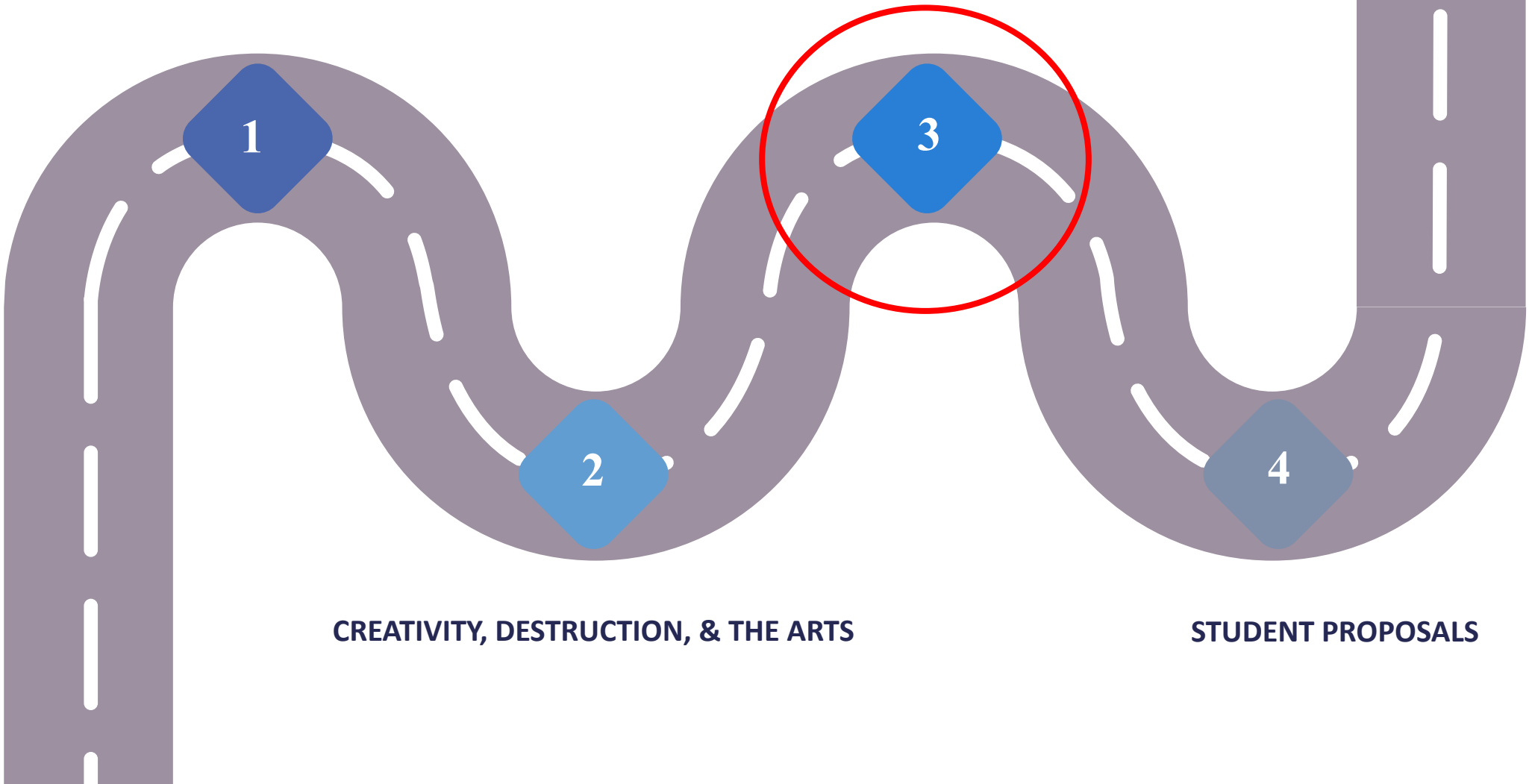
Course Roadmap

INTRODUCTION TO TRAUMA

EXPLORATION OF CREATIVE
ARTS APPROACHES

CREATIVITY, DESTRUCTION, & THE ARTS

STUDENT PROPOSALS



AGENDA



Creative writing

Narratives

Storiez



CREATIVE WRITING

LANGUAGE

- Language is one of our primary methods of communication
- Language enables us to translate our thoughts, feelings, and sensory perception into words
- We use words to process and organize experiences
- Words are central to self-reflection, mastery, and meaning-making
- The use of words/language is central to the majority of psychotherapy modalities
- The field overwhelmingly depends on verbal communication between client and therapist to work toward goals and process experiences

THERAPEUTIC USES OF CREATIVE WRITING

- Creative writing:
 - Can be used therapeutically in social work settings to support clients experiencing a broad range of presenting challenges
 - Provides clients with some distance from their presenting challenges
 - Gives clients the freedom to use language in a way that best captures their thoughts, feelings, and experiences
 - Allows clients to voice perspectives that may otherwise be silenced
 - Provides clients with the opportunity to experiment with alternative solutions
 - Provides a container for experiences of chaos, adversity, and trauma

BIBLIOTHERAPY/POETRY THERAPY

- Bibliotherapy or poetry therapy involves the therapeutic use of literature and writing as a means of processing traumatic memories.
- In reading poetry and prose that highlights themes reminiscent of a client's own experience, the client gains exposure to alternative ways of coping with trauma and stress
- In creating their own poetry and prose, the client can cognitively process thoughts and feelings, create structure and order to their trauma story

Two vertical lines are positioned to the left of the text. The first line is a thin teal line. The second line is a thicker grey line.

THE SOCIAL WORKER'S APPROACH

THINGS TO REMEMBER

- Give your client the creative license to use language in expressive ways.
- Sometimes your clients may use language that is grammatically incorrect, offensive, or disorganized. Allow your client to write in their own authentic voice.
- Everyone has a narrative, including you. Be careful that you do not impose your own narrative onto your client's work.
- Some narratives don't have a happy ending. This is difficult to grapple with. Reflect on your own feelings about difficult, painful endings.

THINGS TO CONSIDER

How may your client's feelings about reading and writing impact their receptivity to your intervention?

How can you create safety for clients who may have been shamed in educational contexts?

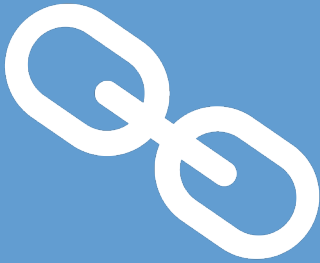
How might culture impact your client's writing style and narrative structure?

How can you support your clients in processing strengths as well as past challenges?



NARRATIVES

WEB LINKS



STORIEZ

- Complete the Storiez: A Guide for Therapists course
- You have been manually enrolled in this course on the Teachable platform