


The background of the slide is a complex, abstract pattern. It features a dense network of thin, golden-brown lines that resemble veins or a web. These lines are set against a vibrant blue background, which is further embellished with irregular, organic shapes in shades of purple and teal. The overall effect is one of intricate, flowing energy.

# SOCIAL WORK, TRAUMA, & THE ARTS





DR. MEAGAN  
CORRADO



# CLASS 9: INTEGRATING THE ARTS INTO SOCIAL WORK SETTINGS

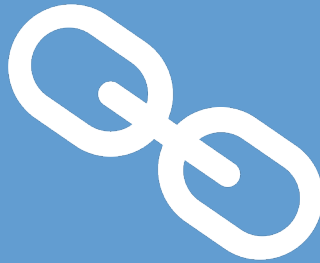
# SOCIAL WORK, TRAUMA, & THE ARTS

COURSE DASHBOARD

VIRTUAL ASYNCHRONOUS CONTENT



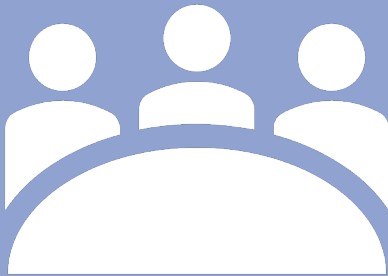
WEB LINKS



COURSE READING



"LIVE" VIRTUAL CLASS SESSIONS



WRITTEN ASSIGNMENTS



STUDENT PROPOSALS



# Social Work, Trauma, & The Arts

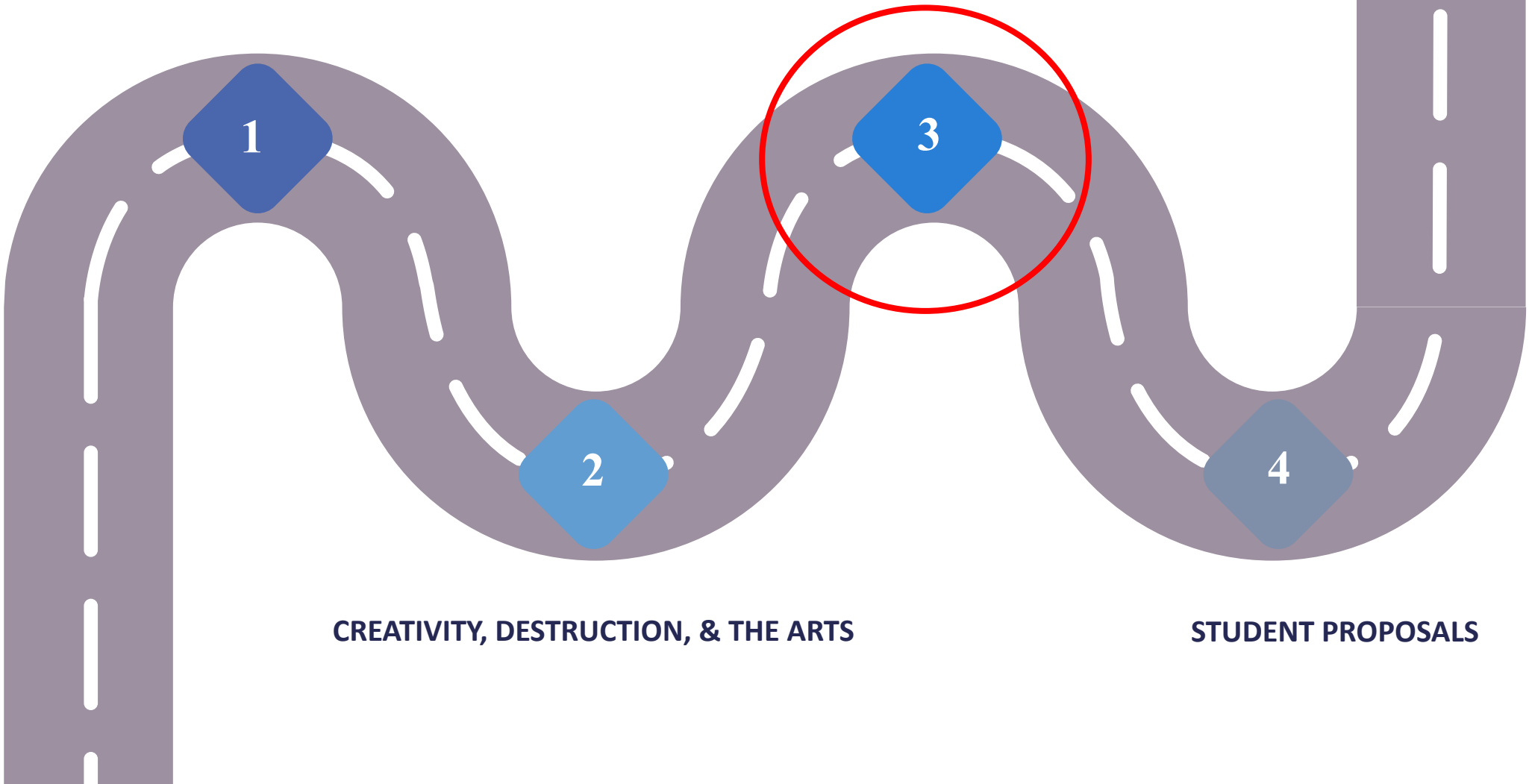
Course Roadmap

INTRODUCTION TO TRAUMA

EXPLORATION OF CREATIVE  
ARTS APPROACHES

CREATIVITY, DESTRUCTION, & THE ARTS

STUDENT PROPOSALS





# AGENDA



DEFINING “TRAUMA-INFORMED”



ORGANIZATIONAL MODELS



CLINICAL PRACTICES

Two vertical lines are positioned to the left of the text. The first line is a thin teal line. The second line is a thicker grey line.

# DEFINING “TRAUMA- INFORMED”



---

# TRAUMA-INFORMED CARE

- Many organizations and systems are working to become “trauma-informed.”
- What it means to be trauma-informed looks different for every system and organization.
- There are a set of uniting ideas/principles that contribute to a system/organization’s efforts in becoming trauma informed.

## DEFINING TRAUMA-INFORMED CARE

“A strengths-based framework that is grounded in an understanding and responsiveness to the impact of trauma that emphasizes physical, psychological, and emotional safety for both providers and survivors, and that creates opportunities for survivors to rebuild a sense of control and empowerment” (Hopper, Bassuk, & Olivet, 2010).

A “system whose primary mission is altered by virtue of knowledge about trauma and the impact it has on the lives of consumers receiving services” (Guarino Et Al, 2009).



# TRAUMA INFORMED APPROACHES

- According to SAMHSA (2014), “A program, organization, or system that is trauma-informed:
  - *Realizes* the widespread impact of trauma and understands potential paths for recovery;
  - *Recognizes* the signs and symptoms of trauma in clients, families, staff, and others involved with the system;
  - *Responds* by fully integrating knowledge about trauma into policies, procedures, and practices; and
  - *Seeks to actively resist re-traumatization.*”

# TRAUMA INFORMED PRINCIPLES (SAMHSA)

- SAMHSA (2014) states that, “A trauma-informed approach reflects adherence to six key principles rather than a prescribed set of practices or procedures. These principles may be generalizable across multiple types of settings, although terminology and application may be setting- or sector-specific:
  - Safety
  - Trustworthiness and Transparency
  - Peer support
  - Collaboration and mutuality
  - Empowerment, voice and choice
  - Cultural, Historical, and Gender Issues”



# TRAUMA-INFORMED CARE: PRINCIPLES

- The following principles are essential to the provision of trauma informed care (Guarino Et Al, 2009)
  - Understanding trauma and its impact
  - Promoting safety
  - Ensuring cultural competence
  - Supporting consumer control, choice, and autonomy
  - Sharing power and governance
  - Integrating care
  - Healing happens in relationships
  - Recovery is possible



# ORGANIZATIONAL MODELS



# REBEL NELL

- “We exist to break down barriers and liberate potential through transitional employment opportunities.”
- “We partner with local organizations to seek out women who have struggled to find and retain employment. We hire these women as Creative Designers, teaching them to craft unique, wearable art from fallen layers of graffiti, while providing services to support on their way to self-sufficiency.”
- Programming includes:
  - Job training (learning jewelry making)
  - Financial literacy and management
  - Women’s empowerment mentoring sessions
  - Entrepreneurship

<https://www.rebelnell.com/pages/about-l>

# THE VILLAGE OF ARTS AND HUMANITIES

- “Through all of its programs and initiatives, The Village is dedicated to collaboratively building a North Philadelphia community where every young person and their family has the opportunity to be engaged in cultural activity that fosters creative thinking, builds critical skills, and expands their view of the future. We deliver programs and projects under two initiatives: Learning Through the Arts and Building Through the Arts.”
- Programming includes:
  - People’s paper co-op
  - Cred Philly magazine
  - Village youth
  - Creative campus
  - Art parks/preservation
  - Community economic development
  - Phillyearth
  - Spaces artist in residence

<http://villagearts.org/learning-and-building-through-the-arts/>

# MURAL ARTS PHILADELPHIA

- We believe that art ignites change. We create art with others to transform places, individuals, communities and institutions. Through this work, we establish new standards of excellence in the practice of public and contemporary art. Our process empowers artists to be change agents, stimulates dialogue about critical issues, and builds bridges of connection and understanding. Our work is created in service of a larger movement that values equity, fairness, and progress across all of society. We listen with empathetic ears to understand the aspirations of our partners and participants. And through beautiful collaborative art, we provide people with the inspiration and tools to seize their own future.”
- Programming includes:
  - Public art and civic engagement
  - Art education
  - Restorative justice
  - Porch light

<https://www.muralarts.org/programs/>



# ARTWELL

- “To support young people and their communities through multidisciplinary arts expression, education, and creative reflection to celebrate their strengths, thrive while facing complex challenges, and awaken their dreams.”
- Programming includes:
  - Art of growing leaders
  - HeartBeat
  - We the poets
  - Ecoarts
  - MasterPeace
  - Slam team

<http://theartwell.org/programs/slam-team/>

# BUILDABRIDGE

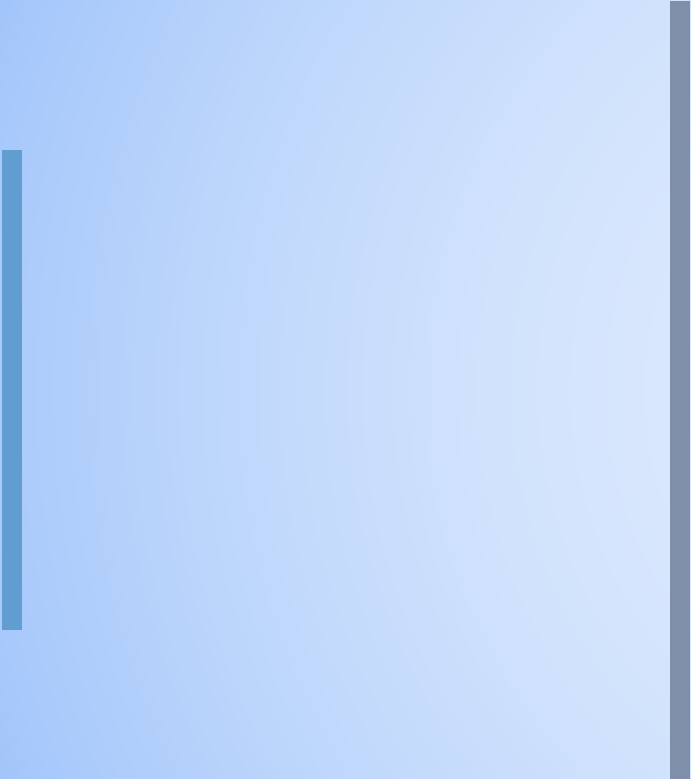
- “BuildaBridge is a non-profit arts education and intervention organization. Our mission is to engage creative people and the transformative power of art making to bring hope and healing to marginalized communities (children, youth, adults, families, etc.) in the contexts of crisis and poverty.”
- Their programming includes:
  - Orchestral dialogues
  - The refugee project
  - Philasing
  - Restorative arts institute
  - Tones of home

[www.buildabridge.org](http://www.buildabridge.org)

# MIGHTY WRITERS

- "At Mighty Writers, we teach kids to write. We do this through four-day-a-week writing academies at our six neighborhood locations in Philadelphia, and at our site in Camden, New Jersey. Over the course of a year—even in summers!—we take students through every genre of writing, but always with the same goal: to get kids to think clearly and write with clarity."
- Programs are organized geographically throughout the city of Philadelphia

<https://mightywriters.org>



# CLINICAL PRACTICES



# NEW YORK CREATIVE ARTS THERAPISTS

- “Although our three office locations look and feel like artist studios, our team of licensed psychotherapists is here to help resolve your emotional distress and achieve optimal mental wellness. As a NYS professional corporation, our company is licensed to operate and practice psychotherapy, with a specialization in creative arts therapies. Since 2009, we have been at the forefront in training new therapists and providing comprehensive creative arts therapy services to adults, children, families and agencies in New York. We help people live happier, better connected, more productive lives by combining the arts with proven psychological treatment.”
- “Our mission is to provide effective psychotherapy in a nurturing and creative environment; to promote a healthy balance of work and play in our clients’ lives as well as our own; to be leaders in educating others about current practices in the field of creative arts therapy.”

<https://nycreativetherapists.com/about-us>

# STORIEZ

- “Every person has a story. Many of our stories include pain and sadness, but they also include strength and resilience. Storiez helps inner city youth and others who have had difficult life experiences to create, voice, and honor their narratives.
- Storiez provides [training](#) and [resources](#) to trauma survivors, therapists, teachers, parents, and other community leaders. Storiez also partners with the [community](#) in helping trauma survivors pull from their inner strengths to overcome life challenges. Storiez is creatively engaging, strengths-based, person-centered, culturally sensitive, inclusive and respectful.”

<http://storiezguide.com>

# TREACY ZIEGLER

- <https://www.broadstreetreview.com/authors/treacy-ziegler>

# THRIVE TRAUMA INFORMED YOGA

- <https://www.thrivetraumainformedyoga.com/trainers>