



# Social Work with Substance Use

Session 1

Christina E.J. Belknap

A photograph of a desert landscape featuring a winding asphalt road with double yellow lines. The road curves through sand dunes dotted with sparse, low-lying desert vegetation. The sky is a clear, pale blue. A semi-transparent dark red rectangular box is centered horizontally across the middle of the image, containing the quote in white text.

The journey is my home.

Muriel Rukeyser

WELCOME!



# Outline

- 5 Week Course

- 2 assignments in this course (we'll go over later), one is a reflective case conceptualization and a final portfolio (reflection + artifacts) to show your conceptualization and represent what you have learned

- 1 day that you will present on that week's materials and provide some jump start discussion questions

- In consideration of the summer course, our lives, our stressors, and commitments I've made the following adjustments to best support you:

1. Changing 4 assignments to 2
2. Removing required textbook/reading
3. Providing class time to complete assignments as well as workshop with professor/peers
4. Flexible assignment due dates
5. Reducing on screen synchronous class time from 3 hours to 2: to provide additional time to complete coursework as well as time to rest and restore bandwidth
6. I can make myself available at any time for 1:1 processing, questions, workshopping, paper draft reviews, or thinking through your assignments if that is helpful.
7. Use of transparency, clear communication on what is expected (rubrics), as well as past student examples which can be found at the top of the moodle page.
8. Guest speakers, diverse media, and various forms of learning to work towards energizing us and keeping us engaged



# About Me

- I am licensed clinical social worker, currently going into my third year as a PhD student alongside private practice, research, and teaching at Bryn Mawr/ UPenn.
- I have been working in the field for over 12 years: intimate partner violence/safe house shelters, Peace Corps service, and dual diagnosis substance use/trauma inpatient treatment specifically with Medicaid/Medicare populations.
- I teach substance use and social work because it has been some of the most impactful, formative, and important work of my time as a social worker – and it's **a testament to the impact those I've served have had on me**

# Introductions : *Take 2 minutes to jot some ideas*

1. Preferred name, if you are comfortable to share preferred pronouns.
2. Tell us about an experience of learning that stands out to you in your life (does not have to be academic)



# Invitation

My goal and invitation for you is to:

- Challenge the dynamic of me transferring knowledge TO you (although I hope this will happen) but rather, work to mold your own thoughts, your own critical perception, and have experiences that shift and change you.
- The design of this course is that this occurs through peer/instructor interaction, materials, content, and your own work (assignments) where this comes together in written form.
- **I want you to feel encouraged, valued, cared about. AND I want you to push, challenge, grow, and learn. I hold the tension and balance between both of these goals.**
- How will you be a part of this classroom community?



# Consideration

SAFETY: Some may be in recovery, or may have family members or close friends who have a history of substance use or addiction. Create and utilize personal / community safety plan



# Community Guidelines

# Activity: Google Doc

[https://docs.google.com/document/d/1J8Oxk2ZZaCEQ7a2ZFmoQjrJ\\_5z5zLtFTJzI5uaaCiR0/edit?usp=sharing](https://docs.google.com/document/d/1J8Oxk2ZZaCEQ7a2ZFmoQjrJ_5z5zLtFTJzI5uaaCiR0/edit?usp=sharing)

**Social Work Values:** unconditional positive regard, assuming best intentions, being mindful of assumptions and or/preconceptions that could be damaging, respect, compassion, and a dedication to community

*That these (and more norms that we co-create!) will be extended not only peer to peer but professor to students and students to professor.*

➤ Humanness, embodiment



# 2 Minute Shake it Out Break

Move, stretch, get a nice cup of tea.



# Activity 2: Three Groups Hopes for Course

<https://docs.google.com/document/d/18dzvKDDw3t6uP6DSII Db5XUjL3QKlcQwnwtXsxEjak8/edit?usp=sharing>

# Activity 3: Student Session Presentation Sign Up: swapping a few week topics for a guest speaker!

[https://docs.google.com/document/d/1\\_7jhiGQRsFiKeMBbagHJN5kvs  
mhdeSEJFfIBS2WwKII/edit?usp=sharing](https://docs.google.com/document/d/1_7jhiGQRsFiKeMBbagHJN5kvsmhdeSEJFfIBS2WwKII/edit?usp=sharing)



# 2 Minute Shake it Out Break

Move, stretch, get a nice cup of tea.



# Assignments Overview

# Course Breakdown

Student Session Presentation 20%

Case Conceptualization Paper  
(Based on Movie) 25%

Final Course Portfolio 25%

Class Participation 30%

# Student Presentation



## Assignment # 1: Student Session Presentation (20% of grade)

Present in class the main points, thoughts, and theory discussed in the readings/videos/or podcasts for that session ending with 2-3 questions to begin group discussion. This should be up to 30 minutes total (including discussion time).

*\*\*Use PPT but not required, visual, or make a handout to partner with your discussion and upload to discussion board beforehand if you can\*\**

### Each student presentation must at minimum address the following:

- a. Give a brief overview of the assigned materials for this class session.
- b. Main points, main take aways, **what stayed with you? Impacted you?**
- c. How did these materials add to or complicate your understanding of the topic for this session?
- d. What theory, if applicable (some may not have this), was used and how does it add to your understanding of social work with substance use?
- e. Please create **2-3 discussion** questions for the class to lead our full group discussion

# Assignment: Case Conceptualization

1. Assignment #2: Case Conceptualization, Due July 11th, 2022 (25% of grade)

*Submit Via Moodle, see Rubric below*

**\*\*RUBRIC: Please Use these Outline Headings when completing assignment!\*\***

*8-10 pages Double Spaces, APA, include 3-5 citations*

This is a comprehensive conceptualization and needs to be supported with sources throughout the assignment. For example, if you conceptualize that the character in the movie may have an attachment style (anxious/avoidant) that you feel influences drug use then you need to support your discussion of attachment with a citation. If you are unsure whether or not to use a citation you can ask me about this after class, in a meeting, or utilize the wonderful writing center/support services at the GSSWSR. See and follow assignment rubric!



This assignment should be in the back of your mind throughout the entire course. It will be an accumulation of your thinking, development, experiences, integration, and feelings around what we explore and discuss throughout the semester.



It is important that this be a well thought piece of work. This will be (roughly) 10-15 pages and include introduction (see rubric), 5 artifacts, and a conclusion (see syllabus and rubric for details). Please submit this in word doc form on moodle under the week it is due.

## Assignment : Course Portfolio 25% of Grade

Due last class:  
July 21st, 2022

# Course Participation (30%)

Participation is vital. :)

This includes class preparation before meetings, engagement with peers during sessions (camera on , dialogue).

# Assignment Overview

What will **support you best** in terms of assignments throughout sessions:

- Completing readings, watching videos: **being impacted by what you read/see**, whether this is inspiration, complication of opinion, challenging your thoughts, expanding them, etc... ALL of this prepares you to engage in sessions fully with your peers/professor etc. Class will FURTHER expand on the work you do individually before we meet.
- Your FIRST exposure should be on your own before class individually, SECOND should be in class.
- Have an awareness of themes, theory, frameworks, and ways to see the experience of addiction and ways to heal. This will help you in your case conceptualization as well as your portfolio at the end of the semester.
- **Communicate with your professor! Flexible on due dates, submission times, and ALWAYS available to meet 1:1 to support, brainstorm, or give feedback on a draft. Please utilize this!**

1. More than 2 absences will result in referral to CAPS (refer to Syllabus for school policy and procedures)
2. Cameras must be on for class--this contributes greatly to group cohesion and a sense of community. Things happen, if you need to briefly turn off your camera, please let the group know via chat-Christina may check in if this is for long periods of time or on a regular basis.
3. Grades will be determined from a combination of 4 parts: class participation/engagement (30%) , assignment 1 (25%), assignment 2 (25%), and your presentation in class on readings/videos etc. (1 per student 20% ).
4. Each assignment is out of 20 points. *Satisfactory is 84 or above.*

## Some Things to Note

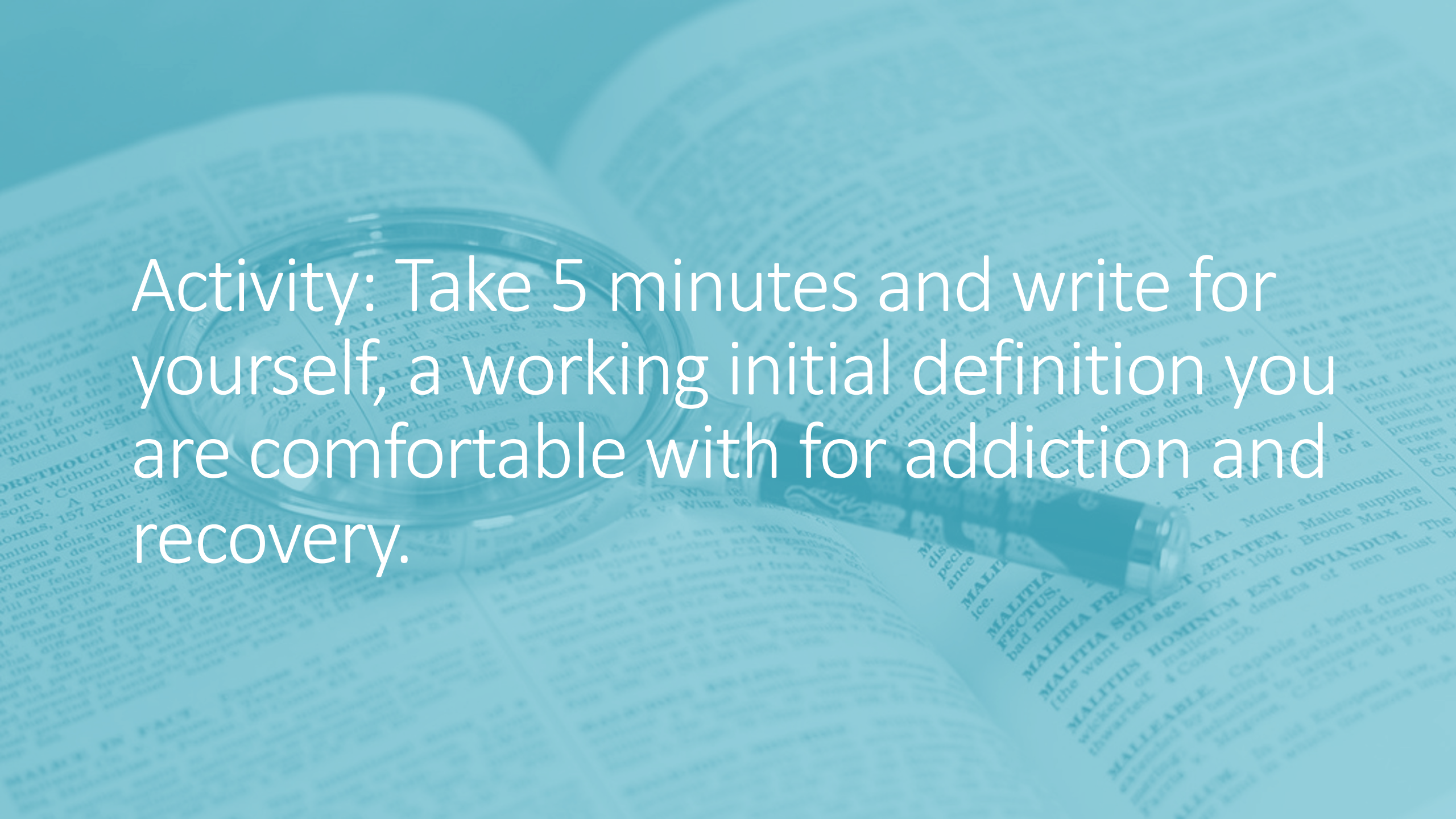


# 15 Minute Shake it Out Break

Move, stretch, get a nice cup of tea.



# Defining Terms ZOOM POLL!

A magnifying glass and a pen are resting on an open dictionary. The magnifying glass is positioned over the word "MALICIOUS", and the pen is resting on the word "MALITIA". The dictionary pages are filled with text, including legal definitions and etymologies. The entire image has a light blue overlay.

Activity: Take 5 minutes and write for yourself, a working initial definition you are comfortable with for addiction and recovery.

# Risk Factors



# By Next Week:



Complete reading/videos



Student presenter, you will  
begin next class! (with the  
support of Christina)