Eating and Feeding Disorders

Assessment and Psychopathology Across the Life Span

Class 9

Three Major Diagnostic Categories

Anorexia Nervosa

- .4%, 10:1 ratio female to male
- Mortality 10% due to cardiac and sudden death

Bulimia Nervosa

Binge Eating Disorder (New to the DSM-V)

Over-valuation of Weight (Maine, Tantillo, Bunnell, 2011)

Body Checking

Body Avoidance

Mirror Use

Frequent Weighing Feeling Fat

Defining Self via the Body

Medical Consequences of Anorexia (Maine, Tantillo, Bunnell, 2011)

- Swollen Salivary Glands
- Calluses on Knuckles and Hands
- Hair Loss
- Amenorrhea
- Osteopenia
- Constipation
- Orthostasis
- Hypothermia/ Lanugo
- Low Heart Rate
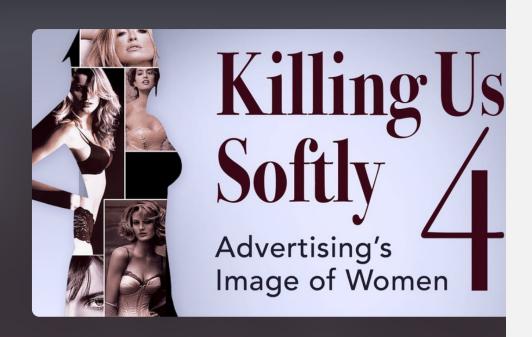- Refeeding Syndrome

Etiology of Disordered Eating

- A relentless assault on bodies
- The body as a project
- Internalization of aggression, self-directed aggression, co-morbidity with depression
- Anxiety, obsessions and compulsions
- For regulation of affect
  - Complex trauma, dissociative link
- Relational explanations; feeding and being fed
  - Clinical example: Hauntingly uncurious, rigid (Petrucelli)
- Behavioral patterns and neurobiology
- Learned behaviors
- Trajectory of the eating disorder
  - Developmental patterns; transition, puberty
  - Symptoms start as "valued friend/secret companion" and become a "strict taskmaster or abusive tyrant that harshly punishes" (Petrucelli)

f Women

Watchlist   Trailer

of her pioneering Killing Us Softly series,
Kilbourne takes a fresh look at how

Killing Us Softly 4
Advertising's
Image of Women

- https://www.kanopy.com/en/brynmawr/video/216732

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EATING DISORDERS, GENDER, AND FAT

Theorizing the Fat Body in Feminist Theories of Eating Disorders

Discussion Questions

- How does the gendered nature of eating disorders influence diagnosis and treatment approaches?

- In what ways does anti-fat messaging contribute to or mitigate eating disorder behaviors? How can public health initiatives balance obesity prevention with promoting positive body image?

- What role should weight play in diagnosing eating disorders? How might focusing on behaviors over body weight change clinical practices and public perceptions of these disorders?

Case
Presentation

Time for Review

Questions