

Forces and mechanisms of evolution

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Why do we care?

- Popular understanding of evolution is rife with misunderstanding
 - people are more likely to avoid or fear what they don't understand – easier to manipulate
- Important implications for health, medicine, ethics, and everyday life – you can be more empowered as individuals and members of society when you understand these basics!

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Before we begin...

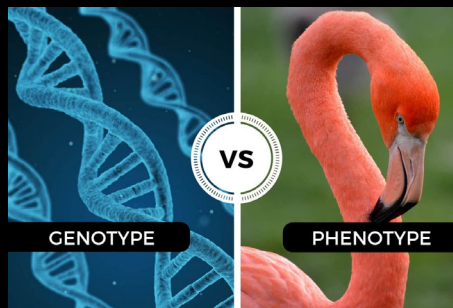
Evolution (in biology)

=

**a change in allele/gene
frequencies in a
population over time**

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An organism's **genotype** is the set of genes that it carries.



An organism's **phenotype** is all its observable characteristics — which are influenced both by its genotype and by the environment.

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Evolution

- **Microevolution:**
small changes occurring within species, such as a change in allele frequencies.
- **Macroevolution:**
changes produced only after many generations, such as the appearance of a new species.
- **The basic evolutionary mechanisms & processes are the same, only our scales of analysis are shifted**

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Explaining evolution

- If the Earth's flora & fauna change over time, what is the mechanism by which they change?
- **Evolution is a two-stage process**
 - **Stage 1** - the production and/or redistribution of variation
 - **Stage 2** - natural selection acting on this variation.

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Variation – necessary for evolution by natural selection!



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Four forces that produce or redistribute variation

- 1) mutation
- 2) gene flow
- 3) genetic drift
- 4) recombination

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1) Mutation

- Change in DNA that MAY result in a change in the physical appearance of an organism
 - error in replication, or other alteration of nucleotide base sequence
- Creates variation for natural selection to act on
 - if it is beneficial, then natural selection favors that individual, making them more likely to survive and pass the mutation (and the advantageous trait) along to their offspring

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Mutation

Mutation is the creative force of evolution, as it is **the only force that can produce novel variation.**



Jean Grey and Peter Parker

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Mutation

- Can have good, bad, or null effect
- Effect depends on where in the genome the mutation is found (i.e. somatic cells vs. gametes, autosomal or on sex chromosomes, introns vs. exons)
- Small scale: point mutation, insertion/deletion

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Remember... genetic code

- code used to translate DNA sequences into proteins
- **Universal**
- Triplets (**codon** in DNA and mRNA, **anti-codon** in tRNA)
- **Continuous**
- **Redundant**

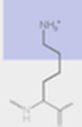
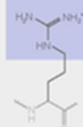
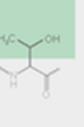
		Second nucleotide position							
		U		C		A		G	
First nucleotide position	U	UUU Phenylalanine	UUC Phenylalanine	UCU Serine	UCC Serine	UAU Tyrosine	UAC Tyrosine	UGU Cysteine	UGC Cysteine
	U	UUA Leucine	UUG Leucine	UCA Serine	UCG Serine	UAA STOP	UAG STOP	UGA STOP	UGG Tryptophan
	C	CUU Leucine	CUC Leucine	CCU Proline	CCC Proline	CAU Histidine	CAC Histidine	CGU Arginine	CGC Arginine
	C	CUA Leucine	CUG Leucine	CCA Proline	CCG Proline	CAA Glutamine	CAG Glutamine	CGA Arginine	CGG Arginine
A	A	AUU Isoleucine	AUC Isoleucine	ACU Threonine	ACC Threonine	AAU Asparagine	AAC Asparagine	AGU Serine	AGC Serine
	A	AUA Isoleucine	AUG Methionine	ACA Threonine	ACG Threonine	AAA Lysine	AAG Lysine	AGA Arginine	AGG Arginine
	G	GUU Valine	GUC Valine	GCU Alanine	GCC Alanine	GAU Aspartate	GAC Aspartate	GGU Glycine	GGC Glycine
	G	GUA Valine	GUG Valine	GCA Alanine	GCG Alanine	GAA Glutamate	GAG Glutamate	GGA Glycine	GGG Glycine

mRNA codons and corresponding amino acids

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Point mutation

- Mutation of a **single nucleotide**

	Point mutations				
	No mutation	Silent	Nonsense	Missense	
				conservative	non-conservative
DNA	TTC	TTT	ATC	TCC	TGC
mRNA	AAG	AAA	UAG	AGG	ACG
amino acid	Lys	Lys	STOP	Arg	Thr
					

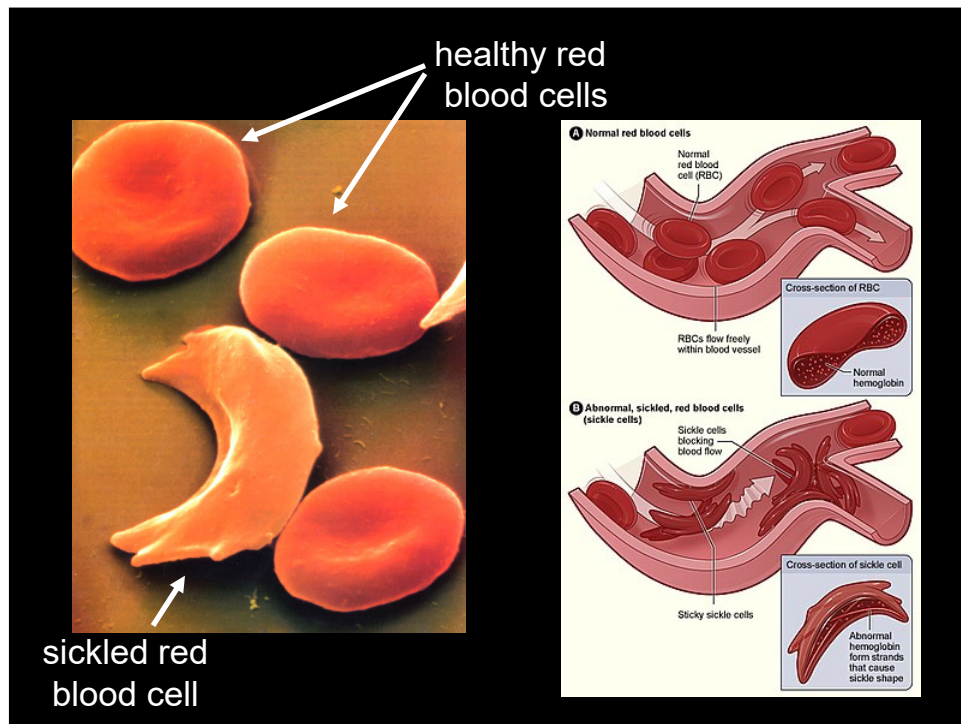
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Point mutation: sickle cell anemia

- Red blood cells have a protein called hemoglobin that carries oxygen from lungs to the rest of the body (HbA)
- **Sickle cell anemia**: a disease caused by a point mutation (missense) in DNA that makes a less efficient version of hemoglobin (HbS)

glutamate
 DNA: ... TGA GCA **CTT** CTC TTT ...
 ↓
 DNA: ... TGA GCA **CAT** CTC TTT ...
 valine

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Insertions/deletions

- Insertion mutation or deletion mutation of several bases



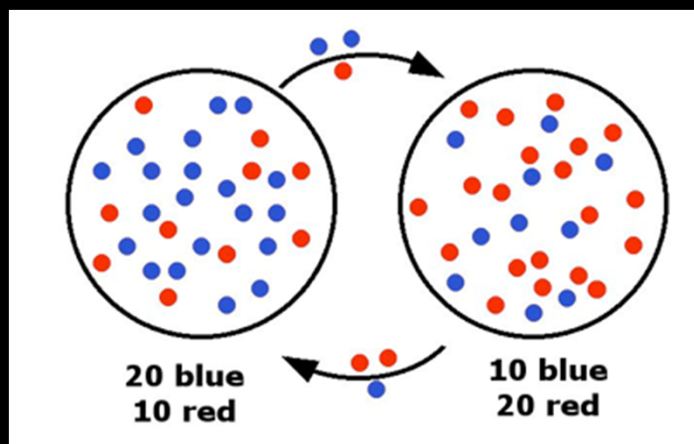
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Insertions/deletions

- **Insertion mutation** or **deletion mutation** of several bases
- common insertions of trinucleotide repeat sequences, linked to many genetic disorders
- CAG – polyglutamine expansion diseases
 - Huntington's disease (autosomal dominant, variable age of onset)

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2) Gene flow

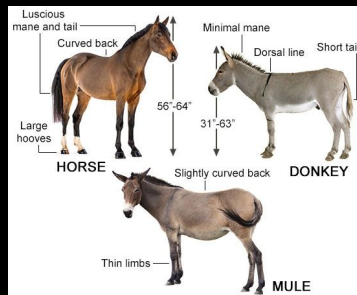


Gene flow = transfer of genes between populations (migration AND then mating)

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2) Gene flow

- Can affect allele frequencies and introduce new genetic variation into a population (gene pool)
- Gene flow between species – hybridization



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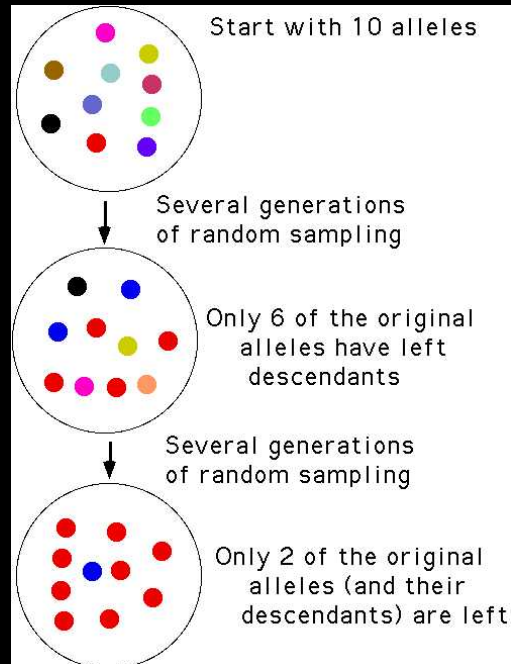
2) Gene flow

- Can affect allele frequencies and introduce new genetic variation into a population (gene pool)
- Gene flow between species – hybridization
- Barriers to gene flow – usually physical, but can also be behavioral, biological, etc.

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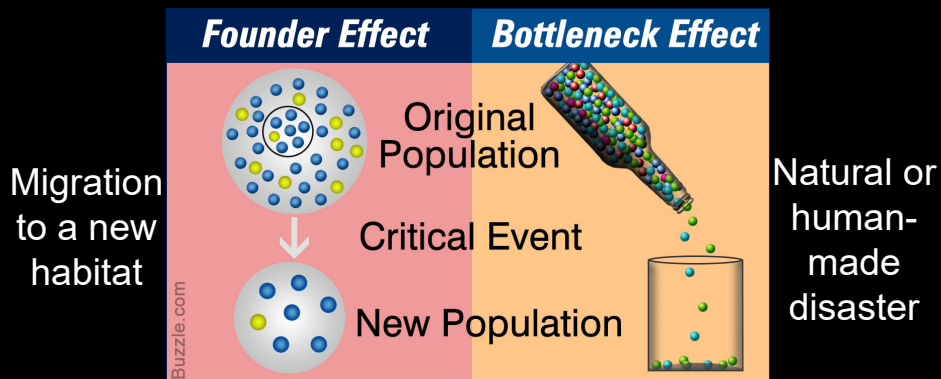
3) Genetic drift

- Changes in allele frequencies produced by **random chance**
- Small populations drift more rapidly than large ones, as chance events have more of an effect.



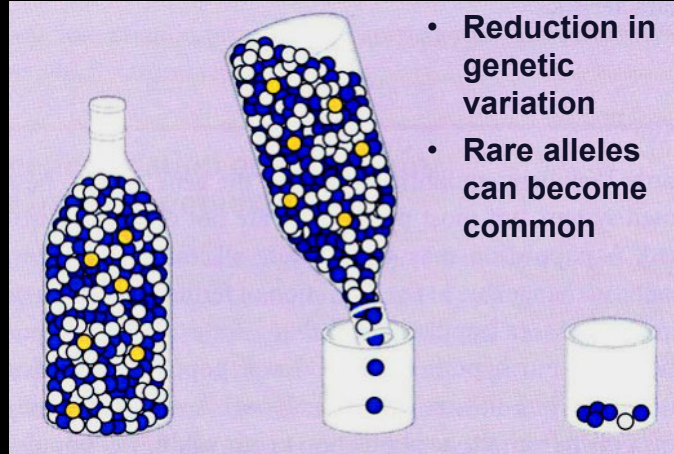
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Specific forms of genetic drift: bottleneck and founder effect



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Forms of drift: Bottleneck



Bottleneck = Loss of genetic diversity due to drift, usually linked to population decline

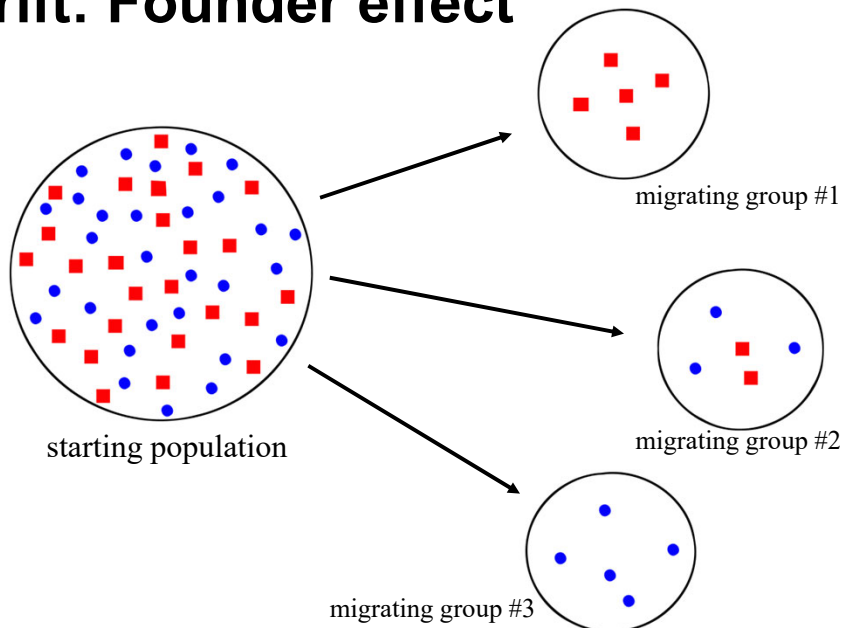
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Forms of drift: Founder effect

- **Founder effect** = change in allele frequencies in small populations that become separated from parent populations
- new population carries only the genetic diversity of the founders of the new group
- rare alleles, if present in any of the founders, can become very common
- e.g., Tay-Sachs in Pennsylvania Dutch

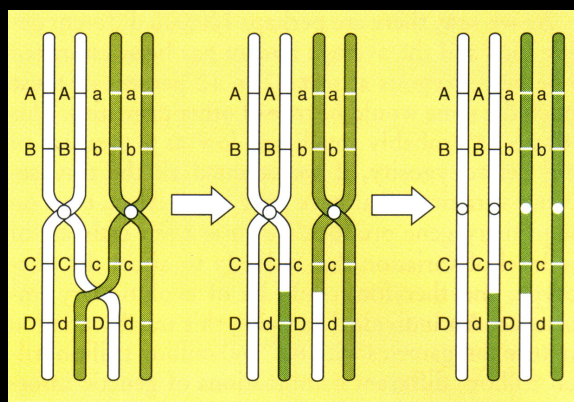
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Drift: Founder effect



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4) Recombination (crossing-over)



When homologous chromosomes line up together just prior to the first meiotic division, they can **exchange genetic material** – increases the number of possible genetic combinations another 10 billion times!

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4) Recombination

- **Does not alter allele frequencies**
 - NOT a force of evolution, though it produces variation
- Reshuffles genetic material and produces different combinations of genes that forces of evolution can act on

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Four forces of evolution

- 1) mutation
 - 2) gene flow
 - 3) genetic drift
- 
- Not directional

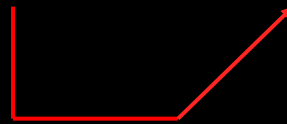
4) **natural selection**

provides more directional change in allele frequencies due to specific environmental factors (adaptation)

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Remember!

- *Natural selection* operates on individuals (favorably or unfavorably)
- But, it is the *population* that *evolves*.



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Evolution by natural selection

- Natural selection acts on variation between individuals and leads to differential reproductive success between individuals
- This changes allele frequencies in a population over time
- **Evolutionary fitness**: measured by an individual's genetic contribution to the next generation, compared with other individuals at that time
 - “survival of the fittest” is a misnomer: it's not about physical fitness!

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Natural selection

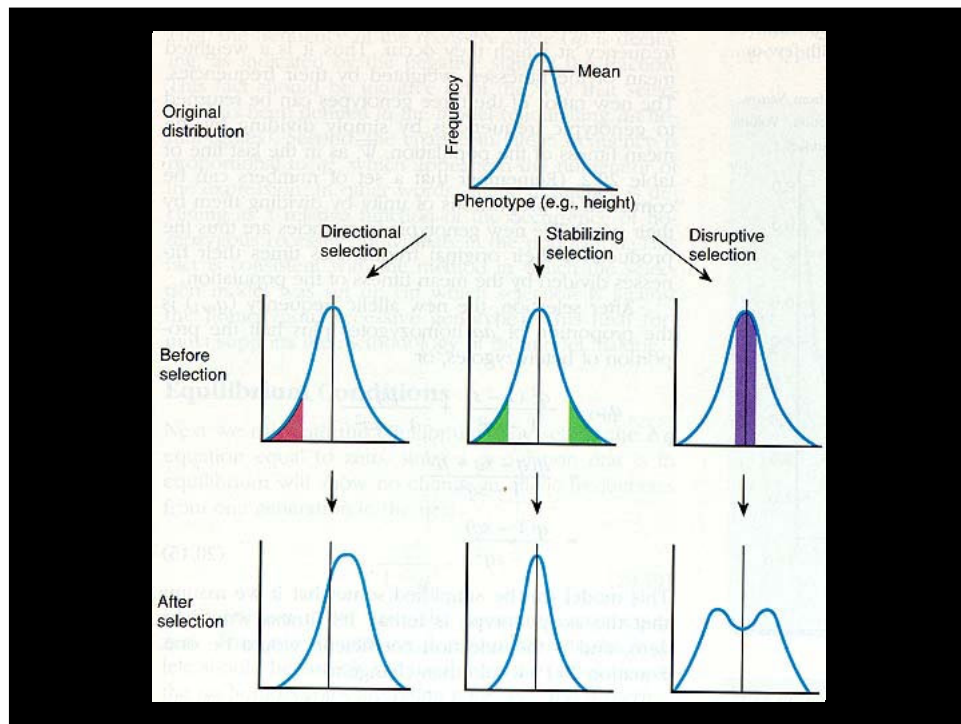
- Drives evolutionary change.
- Can maintain the absence of change; i.e., stasis.
- Generates adaptation.

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Types of natural selection

- **Directional selection**
 - Selecting for greater or lesser frequency of a given trait in a population
- **Stabilizing selection**
 - Maintains a phenotype by selecting against deviations from it
- **Disruptive selection**
 - Selects for phenotypes at two extremes, and against intermediate phenotypes

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Natural selection & the sickle cell mutation

- According to natural selection, the sickle cell mutation *should be selected against* because individuals with it have a less efficient version of hemoglobin (harmful individual variation)
- So, why does this NOT happen?

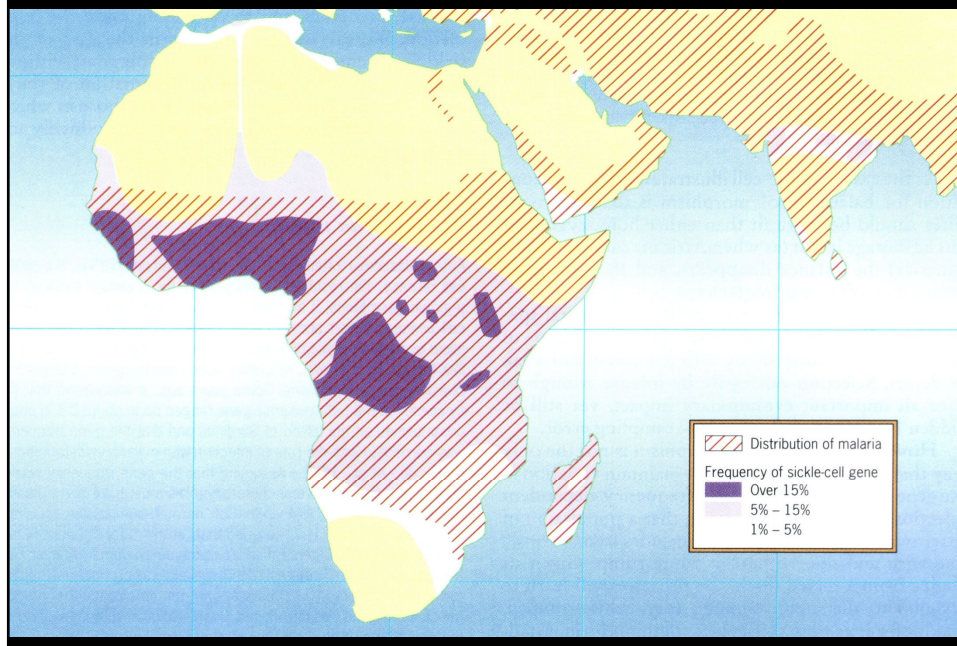
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Sickle cell anemia

- Sickle cell mutation: autosomal recessive
- If the offspring:
 - Inherits two unaffected alleles = unaffected
 - (homozygous dominant - AA)
 - Inherits the affected allele from both parents = sickle cell anemia (fatal)
 - (homozygous recessive - aa)
 - Inherits an affected allele from one parent = mild anemia, not fatal
 - (heterozygous - Aa)

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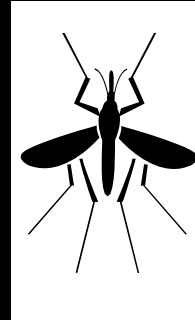
Distribution of sickle cell anemia and malaria



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Malaria

- Caused by *Plasmodium* parasites spread by Anopheles mosquito
- Kills 1-3 million annually
- Prevalent in tropical areas
- *Plasmodium* parasites multiply in red blood cells



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How can this pattern be explained?

	Malaria	Anemia
Two HbS alleles	NO	YES
Two HbA alleles	YES	NO
Heterozygote	NO	MILD

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Natural selection & sickle cell

- Why is the mutation maintained in the population if it can cause a fatal disease?
- Because natural selection favors individuals with **one copy** of the mutation (in malaria regions), thus keeping the mutation in the gene pool even if it means that sickle cell anemia may occur in some individuals.
- This is called **balancing selection**, and such trait is called a **balanced polymorphism**

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Balancing selection

- Maintains a **genetic polymorphism** within a population at an intermediate frequency
 - **Heterozygote advantage** (e.g., sickle-cell)
 - **Frequency-dependent balanced polymorphism** (i.e. rare prey forms have advantage over typical forms that predators focus on)

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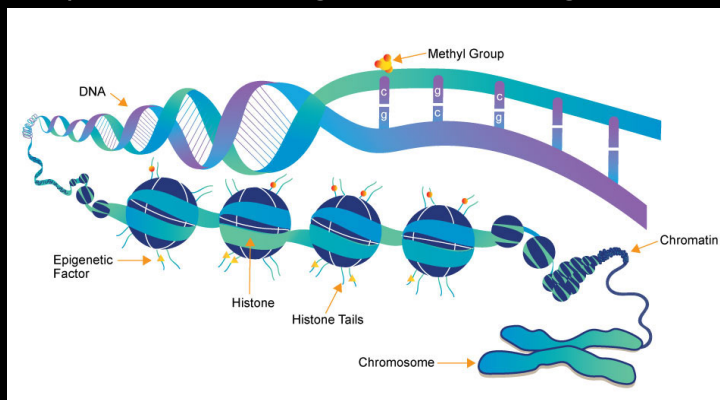
Epigenetics

- Heritable changes in gene expression – how, when, and for how long genes are “switched” on or off (e.g. differentiation of cells)
- Changes in phenotype WITHOUT changes in genotype!
- Reversible!

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Epigenetic mechanisms

- DNA methylation, histone modification, chromatin remodeling, non-coding RNA (ncRNA)-associated gene silencing etc.



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Epigenetics

- Changes often induced by environment
- Can be transgenerational
- **≠ Lamarckian evolution!**
 - Epigenetic changes often non-adaptive
 - reversible
- But... a way for effects of environment—natural, social etc.—to be **embodied** (Thayer & Non, 2015)